



2a Choque Running

01 de Dezembro de 2019

CORRIDA 10KM | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	28	Airton Alves	00:35:07	00:35:04	3'30"
2	185	Edson De Lima Silva	00:39:25	00:39:23	3'56"
3	113	Carlos Alberto Barbosa Correia	00:42:38	00:42:38	4'15"
4	136	Claudio Francisco Dos Santos	00:43:41	00:43:36	4'21"
5	98	Bruno Augusto Santos	00:44:40	00:44:26	4'26"
6	361	Josiel Gomes Dos Santos	00:44:56	00:44:53	4'29"
7	421	Marcelo Bezerra De Oliveira	00:45:48	00:45:36	4'33"
8	246	Flávio José Romaico Gusmão	00:47:21	00:46:43	4'40"
9	412	Luiz Carlos De Miranda Henriques Filho	00:47:12	00:47:05	4'42"
10	426	Marco Luiz Gomes De Miranda	00:47:32	00:47:22	4'44"
11	561	Silvio Manoel Gomes Do Nascimento	00:49:09	00:47:29	4'44"
12	286	Hugo Leonardo	00:49:26	00:47:35	4'45"
13	235	Felipe Cabral De Oliveira	00:48:07	00:47:36	4'45"
14	62	André Dos Passos Azevedo	00:47:51	00:47:46	4'46"
15	121	Carlos Marcio Dos Santos Silva	00:47:58	00:47:47	4'46"
16	101	Bruno Henrique E Silva Araújo	00:48:59	00:48:10	4'49"
17	104	Bruno José Da Conceição	00:49:54	00:48:23	4'50"
18	485	Petrus Duran	00:48:59	00:48:23	4'50"
19	208	Emerson Henrique Balbino Da Silva	00:49:15	00:49:05	4'54"
20	175	Djivam Bertoldo Da Silva	00:49:32	00:49:24	4'56"
21	611	Wellington Ferreira De Araújo	00:50:20	00:50:07	5'00"

22	318	João De Melo Batista Neto	00:50:38	00:50:08	5'00"
23	22	Adriano Jose Barros	00:51:42	00:50:11	5'01"
24	329	Joaquim Tadeu Correa Gondim	00:51:36	00:51:07	5'06"
25	317	Joao Bezerra De Melo Neto	00:51:33	00:51:27	5'08"
26	503	Renato	00:51:47	00:51:41	5'10"
27	450	Mateus Modesto Barbosa De Brito	00:52:12	00:52:10	5'13"
28	319	João Francisco Da Silva	00:53:37	00:52:23	5'14"
29	591	Valdênio Rufino Da Silva	00:54:07	00:52:43	5'16"
30	542	Sandoval Paulino	00:53:21	00:52:49	5'16"
31	457	Melchisedec Candido	00:54:18	00:53:12	5'19"
32	189	Eduardo Francisco Da Silva	00:54:09	00:53:45	5'22"
33	107	Bruno Ramos Galdino	00:54:45	00:54:02	5'24"
34	343	José Guilherme Lima De Andrade	00:55:35	00:54:06	5'24"
35	211	Erick Henrique Ferreira	00:54:21	00:54:12	5'25"
36	269	Gledson Antônio Bandeira Dos Santos	00:55:10	00:54:31	5'27"
37	590	Valdemir Felix Dos Santos	00:54:48	00:54:44	5'28"
38	525	Rodrigo De Lima	00:56:02	00:55:28	5'32"
39	617	William Bethlm	00:55:43	00:55:43	5'34"
40	324	João Raphael De Douza	00:56:45	00:55:46	5'34"
41	416	Manoel Israel Vicente Paixao	00:57:04	00:55:56	5'35"
42	364	Josuel Oliveira Da Silva	00:57:04	00:55:56	5'35"
43	180	Edivaldo Pereira Da Silva	00:56:21	00:56:15	5'37"
44	489	Rafael De Holanda Dos Santos	00:59:04	00:56:34	5'39"
45	91	Benjamin Pinto De Campos Neto	00:57:44	00:57:05	5'42"
46	81	Antonio Vanderlei De Mendonça	00:58:25	00:57:54	5'47"
47	137	Claudison Alves Basílio Belmiro De Sales	00:59:12	00:58:03	5'48"
48	610	Wellington Felipe De Oliveira Cosme Batista	00:59:20	00:58:08	5'48"
49	370	Judivan Farias De Albuquerque	00:58:54	00:58:12	5'49"

50	498	Reginaldo Da Silva Santos	00:58:40	00:58:16	5'49"
51	606	Washington Luiz Vaz	01:00:23	00:58:44	5'52"
52	414	Luiz Miguel De Moura Moreira	00:58:58	00:58:44	5'52"
53	422	Marcio Cavalcanti De Souza	00:58:58	00:58:45	5'52"
54	500	Renan Vasconcelos Reis	00:59:14	00:58:51	5'53"
55	505	Renato Gomes	00:59:15	00:59:06	5'54"
56	482	Paulo Roberto Paixao De Brito	00:59:43	00:59:11	5'55"
57	2	Abel Melo	01:00:01	00:59:12	5'55"
58	255	Geibson De Albuquerque Da Silva	01:00:09	00:59:28	5'56"
59	446	Mario Sergio Gomes Leal	01:01:37	01:00:08	6'00"
60	14	Adilson Ferreira Da Silva	01:01:48	01:00:46	6'04"
61	362	Josivan Manoel Dos Santos	01:01:55	01:01:17	6'07"
62	417	Manoel Jose De Souza	01:01:28	01:01:20	6'08"
63	284	Hugo Danilo Barbosa Santana	01:02:48	01:01:48	6'10"
64	76	Antonino Tavares Da Silva	01:02:19	01:01:53	6'11"
65	300	Izaías José Da Silva Neto	01:02:18	01:01:56	6'11"
66	427	Marcos Adelino Da Silva	01:03:03	01:02:05	6'12"
67	604	Wagner Ramos Pereira De Barros	01:02:39	01:02:39	6'15"
68	596	Vanderson Lins Da Silva	01:02:40	01:02:40	6'16"
69	385	Leonidas Gomes De Lima	01:03:38	01:03:14	6'19"
70	228	Fábio José De Oliveira Ferreira	01:03:18	01:03:18	6'19"
71	476	Paulo Elias De Souza	01:03:43	01:03:24	6'20"
72	430	Marcos Antonio Da Silva	01:04:24	01:03:25	6'20"
73	276	Helton José Da Silva	01:05:00	01:03:29	6'20"
74	158	Davidson Henrique Vicente Da Cunha	01:04:37	01:03:33	6'21"
75	336	José Alexandre Mendes Da Silva	01:05:21	01:03:46	6'22"
76	481	Paulo Ricardo Rodrigues De Lima Gomes	01:05:47	01:04:36	6'27"
77	283	Hugo Caralho	01:06:08	01:04:52	6'29"

78	215	Erison Dos Santos Queiroz	01:05:27	01:05:19	6'31"
79	449	Mateus Dias Sobral	01:05:59	01:05:37	6'33"
80	549	Sérgio Augusto Bezerra Da Silva	01:07:15	01:06:21	6'38"
81	515	Rivaldo Lima	01:07:54	01:06:53	6'41"
82	519	Roberto Bruno Cardoso Neto	01:08:54	01:07:25	6'44"
83	506	Renato Lima	01:12:37	01:11:45	7'10"
84	330	Joas Dos Santos Nascimento	01:12:43	01:12:04	7'12"
85	411	Luis Otavio Ferreira Candido	01:13:36	01:13:19	7'19"
86	367	Joventino José Rodrigues	01:16:26	01:13:58	7'23"
87	581	Thiago José De Assis Ferreira Do Nascimento	01:19:09	01:17:35	7'45"
88	393	Lucas Henrique Ribeiro Silva	01:20:42	01:19:10	7'55"
DSQ	10	Ademir José De Oliveira	00:23:05	00:22:55	2'17"
DSQ	389	Lidonor Alves De Andrade	00:26:16	00:25:53	2'35"
DSQ	229	Fabio Negreiros De Amorim	00:26:18	00:26:09	2'36"
DSQ	105	Bruno Melquiades De Lima Santos	00:28:12	00:26:54	2'41"
DSQ	84	Arthur Kennedy Hermenegildo Dos Santos	00:28:46	00:28:04	2'48"
DSQ	553	Sergio José Souto Almeida	00:28:20	00:28:08	2'48"
DSQ	428	Marcos Andre Da Silva Neris	00:28:09	00:28:09	2'48"
DSQ	118	Carlos Jose Beltrao Guerra	00:30:07	00:28:43	2'52"
DSQ	191	Eduardo Laurênio Meira	00:30:12	00:29:09	2'54"
DSQ	312	Jefferson Nunes Vieira	00:30:40	00:29:49	2'58"
DSQ	66	André Luiz Dos Santos	00:31:04	00:29:52	2'59"
DSQ	396	Lucas Roberto De Oliveira E Silva	00:30:34	00:30:15	3'01"
DSQ	166	Diego Carvalho Da Silva	00:31:28	00:30:33	3'03"
DSQ	333	Jorginaldo Reis Da Silva	00:31:45	00:30:38	3'03"
DSQ	183	Edson Bruno Soares De Santana	00:31:01	00:30:44	3'04"
DSQ	543	Sandoval Paulino	00:32:51	00:31:51	3'11"
DSQ	179	Edilson Dos Prazeres	00:33:39	00:32:20	3'14"

DSQ	218	Everaldo Azevedo De Araújo Filho	00:33:09	00:32:44	3'16"
DSQ	50	Alvaro Roberto Soares	00:36:01	00:35:12	3'31"
DSQ	483	Paulo Sérgio Cavalcante Pessoa	00:37:19	00:37:19	3'43"
DSQ	40	Alexandre Saldanha De Araujo	00:38:21	00:38:07	3'48"
DSQ	250	Francisco Ferreira Do Nascimento Neto	00:39:53	00:38:51	3'53"

CORRIDA 10KM | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	199	Elisandra Nunes Dos Santos	00:46:11	00:46:08	4'36"
2	11	Adenilda Clemente De Oliveira	00:49:41	00:49:37	4'57"
3	165	Dhanny França	00:51:17	00:51:14	5'07"
4	162	Denise Monteiro De Lira	00:53:28	00:53:18	5'19"
5	19	Adriana Marília Da Silva	00:53:37	00:53:24	5'20"
6	437	Maria De Fatima Marinho Barros	00:53:38	00:53:33	5'21"
7	58	Ana Paula Ferreira De Oliveira	00:55:02	00:54:04	5'24"
8	224	Fabiane Vieira Da Silva	00:55:55	00:55:18	5'31"
9	48	Aline Salgado Da Conceição Mota	00:59:04	00:58:49	5'52"
10	406	Lucilene Santiago Da Silva	00:59:48	00:58:50	5'53"
11	494	Raquel De Souza Cabral	01:00:33	00:59:53	5'59"
12	206	Elza Maria Correia	01:01:41	01:01:18	6'07"
13	245	Flávia Cordeiro Sena Dos Santos	01:02:21	01:01:21	6'08"
14	197	Eliane Tereza Da Silva	01:02:17	01:02:17	6'13"
15	110	Camyla Marques De Nóbrega	01:07:00	01:05:17	6'31"
16	614	Werica Daniele Monteiro	01:06:39	01:05:32	6'33"
17	371	Juliana Gonçalves Da Silva	01:08:54	01:07:24	6'44"
18	27	Airla Silva Dos Santos	01:08:59	01:07:58	6'47"
19	534	Roseane Lima Bezerra	01:11:24	01:11:09	7'06"
20	372	Karina Da Rocha Carvalho	01:12:25	01:12:25	7'14"

21	572	Thamyres Montes Da Silva	01:12:27	01:12:27	7'14"
22	434	Maria Aparecida Da Silva	01:12:59	01:12:52	7'17"
23	205	Elyzandra Layanne Silva	01:13:22	01:12:53	7'17"
24	375	Katiane Rafaela Nascimento Queiroz	01:14:13	01:13:13	7'19"
25	559	Silmara lackstet	01:14:40	01:14:29	7'26"
26	444	Mariana Moura	01:16:10	01:15:35	7'33"
27	565	Solange	01:16:28	01:15:52	7'35"
28	374	Katarina Luciana Batista	01:19:09	01:17:34	7'45"
29	132	Cinthya Andrade	01:29:30	01:28:05	8'48"
30	247	Fracinete Gonçalves Dos Santos	01:33:03	01:32:47	9'16"
DSQ	407	Lucimare Da Conceição Da Silva	00:30:34	00:30:06	3'00"
DSQ	140	Cleonice Gomes De Alencar	00:32:09	00:31:39	3'09"
DSQ	194	Eide Cunha De Araujo	00:33:25	00:32:36	3'15"
DSQ	209	Emmanuele Da Costa Medeiros	00:34:00	00:33:09	3'18"
DSQ	439	Maria José Rodrigues Da Luz	00:33:39	00:33:26	3'20"
DSQ	487	Priscilla Alves Ferreira Cavalcanti Da Silva	00:33:41	00:33:41	3'22"
DSQ	159	Dayse Geraldo Dos Santos	00:34:36	00:34:19	3'25"
DSQ	448	Marta De Andrade Lima Coelho	00:36:42	00:36:01	3'36"
DSQ	535	Rosineide Martins De Oliveira	00:37:02	00:36:04	3'36"
DSQ	150	Daniela Batista Ferreira	00:37:14	00:36:17	3'37"
DSQ	540	Sayara Sayaka Barreto Da Rocha Carvalho	00:37:18	00:36:20	3'38"
DSQ	570	Suzana Kassia França Do Nascimento	00:41:26	00:40:16	4'01"
DSQ	89	Ayane Albuquerque	00:41:26	00:40:17	4'01"
DSQ	574	Tassia Vanessa De Albuquerque	00:41:10	00:40:44	4'04"
DSQ	198	Elis Priscila Fernandes Dos Santos Nóbrega	00:41:43	00:40:45	4'04"
DSQ	305	Jaqueline Kelly	00:42:20	00:41:53	4'11"
DSQ	53	Amanda Oliveira	00:44:43	00:43:22	4'20"
DSQ	223	Fabiana Malinconico	00:44:51	00:43:56	4'23"

DSQ	90	Beatriz Braga Bezerra	00:50:54	00:49:29	4'56"
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CORRIDA 10KM - CHOQUE | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	259	Gerson Francelino Da Silva Junior	00:45:52	00:45:24	4'32"
2	306	Jardes Antônio De Santana Jênior	00:47:51	00:47:29	4'44"
3	184	Edson Clayton De Souza	00:49:08	00:48:25	4'50"
4	52	Alyson José Cavalcanti Da Silva	00:49:09	00:49:05	4'54"
5	148	Daniel José De Luna	00:52:52	00:52:30	5'15"
6	454	Maxwell Kempes Gomes De Souza Arruda	00:56:02	00:54:20	5'26"
7	6	Aciomar Monteiro Da Rocha Junior	00:55:37	00:54:54	5'29"
8	234	Fairton Arnaldo Santos Velozo	00:57:46	00:57:46	5'46"
9	480	Paulo Ricardo Brederodes Andrade	01:02:29	01:01:26	6'08"
10	297	Ivson Pereira Da Silva	01:06:59	01:05:16	6'31"
11	270	Gleibiston De Souza Santana	01:08:59	01:07:57	6'47"
12	602	Victor Rafael Rodrigues Peixoto	01:14:13	01:14:13	7'25"
DSQ	278	Henrique Lima Veras	00:29:53	00:28:19	2'49"
DSQ	311	Jefferson Gomes Da Silva	00:30:02	00:29:16	2'55"
DSQ	116	Carlos Fernando De Souza	00:32:33	00:31:37	3'09"
DSQ	146	Daniel Araújo	00:32:37	00:31:40	3'10"
DSQ	453	Mauro Ricardo Nascimento De Oliveira	00:33:36	00:32:06	3'12"
DSQ	605	Walter Cezário De Souza Júnior	00:32:34	00:32:09	3'12"
DSQ	469	Otavio Correia Cavalcanti Neto	00:34:20	00:32:47	3'16"
DSQ	508	Renildo Bezerra Da Silva	00:36:59	00:35:27	3'32"

CORRIDA 10KM - CHOQUE | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	219	Everlane Laine Silva	00:59:00	00:58:44	5'52"
2	267	Giselle Da Silva Campelo	01:08:04	01:07:47	6'46"

3	95	Bruna Rafaela	01:10:00	01:08:45	6'52"
4	47	Aline Rattacaso Alves	01:15:46	01:14:29	7'26"

CORRIDA 10KM - MILITAR | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	538	Ricardo Fernando Da Silva	00:42:22	00:42:09	4'12"
2	156	Darlan Guedes Dos Santos	00:43:17	00:43:14	4'19"
3	21	Adriano Araújo Lira	00:46:01	00:45:57	4'35"
4	271	Guilherme Da Silva Pontes	00:46:40	00:46:17	4'37"
5	650	Jonatas José Lima Da Silva	00:48:20	00:48:01	4'48"
6	523	Robson Augrizonio Da Costa	00:49:32	00:48:08	4'48"
7	290	Ilton De Deus Gomes	00:48:14	00:48:09	4'48"
8	253	Gabriel Fernando	00:49:07	00:48:54	4'53"
9	99	Bruno De Souza Barros	00:48:55	00:48:55	4'53"
10	187	Eduardo Augusto Silva	00:49:30	00:49:21	4'56"
11	456	Mayoná Domingos Nascimento Da Silva	00:50:55	00:49:58	4'59"
12	423	Márcio Gustavo Tenório Cavalcanti	00:50:21	00:50:12	5'01"
13	34	Alesson Canha	00:50:54	00:50:35	5'03"
14	26	Ailton Santana De Oliveira	00:51:58	00:51:23	5'08"
15	467	Oseas De Lima Mouzinho Filho	00:51:43	00:51:27	5'08"
16	310	Jefferson De Souza Silva	00:53:19	00:52:04	5'12"
17	355	José Severino De Souza Irmão	00:53:21	00:52:15	5'13"
18	386	Levi Jose Mota	00:52:52	00:52:35	5'15"
19	134	Cláudio André Béco	00:53:14	00:52:50	5'17"
20	369	Jucelio Candido	00:54:00	00:53:28	5'20"
21	143	Cristiano José Alves	00:54:16	00:54:05	5'24"
22	170	Dilson Antonio Oliveira Gomes Junior	00:55:13	00:54:20	5'26"
23	536	Rudinick Alex Gomes Dde Souza Arruda	00:56:03	00:54:21	5'26"

24	55	Amilton Barbosa Da Silva	00:54:45	00:54:31	5'27"
25	316	Joannes Luna Ribeiro	00:55:12	00:54:42	5'28"
26	331	Joel Alexandre	00:55:42	00:55:27	5'32"
27	123	Carlos Silveira De Moraes	00:56:30	00:55:42	5'34"
28	521	Roberto José Monteiro	00:56:13	00:55:52	5'35"
29	415	Madson Frank Pereira	00:57:25	00:56:16	5'37"
30	325	João Soares De Souza	00:57:08	00:56:39	5'39"
31	341	Jose Davi De Sousa Lins	00:57:07	00:56:59	5'41"
32	23	Adriano Luiz Ferreira De Souza	00:58:33	00:58:12	5'49"
33	615	Wesley Alencar Vanderlei	00:59:07	00:59:07	5'54"
34	277	Henrique Filho	00:59:29	00:59:29	5'56"
35	263	Gildo T Silva	01:00:23	00:59:53	5'59"
36	579	Thiago Henrique Gino Da Silva	01:02:19	01:01:05	6'06"
37	618	William Cabral Dos Santos	01:01:37	01:01:22	6'08"
38	338	Jose Carlos Da Silva	01:01:51	01:01:34	6'09"
39	294	Isau Saraiva Pereira	01:03:42	01:02:32	6'15"
40	418	Manoel Renan Do Nascimento	01:04:09	01:02:40	6'16"
41	528	Rodrigo Luiz Montenegro Costa	01:08:02	01:03:15	6'19"
42	5	Abrão Alves Da Silva	01:04:09	01:04:09	6'24"
43	479	Paulo Miguel Olégario De Moura	01:08:30	01:08:30	6'51"
44	260	Gildecio Henrique Brissant Pereira	01:12:36	01:12:36	7'15"
45	548	Sebastião Carlos Dos Santos Silva	01:20:53	01:19:29	7'56"
DSQ	138	Clebson Rodrigues De Moraes	00:27:17	00:27:01	2'42"
DSQ	65	André Leite	00:28:19	00:27:32	2'45"
DSQ	649	Douglas Veloso Tomaz De Aquino	00:33:43	00:32:16	3'13"
DSQ	321	João Marcelo De Sousa	00:33:44	00:33:09	3'18"
DSQ	466	Orivaldo Felix Moreira	00:39:24	00:38:22	3'50"
DSQ	395	Lucas Matias Manço	00:44:16	00:44:13	4'25"

DSQ	119	Carlos Jose Da Silva	00:46:09	00:44:48	4'28"
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CORRIDA 10KM - MILITAR | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	613	Wendy Silva Gomes Ribeiro	00:55:57	00:55:46	5'34"
2	384	Leiliane Antonia De Moura	01:01:49	01:00:04	6'00"
3	408	Lucineide Arruda Da Silva	01:04:09	01:03:50	6'23"
4	124	Carmem Patrícia Gomes De Lima	01:04:25	01:03:55	6'23"
5	195	Eli Maria Da Silva	01:06:49	01:06:46	6'40"

CORRIDA 5KM | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	42	Alexsandro Tenório Da Silva	00:17:24	00:17:22	3'28"
2	460	Morgan José Vascurado Chaves	00:19:20	00:19:18	3'51"
3	522	Roberto Leobino Dos Santos Silva	00:19:54	00:19:40	3'56"
4	390	Lindemberg Jose De Oliveira	00:19:58	00:19:58	3'59"
5	236	Felipe Cavalcanti De Araújo	00:20:58	00:20:58	4'11"
6	1	Alexandre Alves Santos	00:22:24	00:21:54	4'22"
7	586	Tulio Leite Serrano Ribeiro	00:22:37	00:22:24	4'28"
8	251	Francisco Luis Dos Santos Filho	00:22:53	00:22:46	4'33"
9	296	Ivanildo Santos	00:23:04	00:23:01	4'36"
10	474	Paulo Cezar Maranhão Da Silva	00:24:48	00:24:33	4'54"
11	380	Leandro Da Silva Pereira Pereira	00:25:29	00:24:57	4'59"
12	323	Joao Pedro Lopes Da Silva Pereira	00:25:18	00:25:01	5'00"
13	394	Lucas José Marques Milet	00:25:51	00:25:14	5'02"
14	182	Edson Arôxa Viana Junior	00:26:16	00:25:55	5'11"
15	94	Breno Leite Serrano Ribeiro	00:26:48	00:26:24	5'16"
16	114	Carlos Alberto Oliveira Gomes Junior	00:26:54	00:26:27	5'17"
17	555	Sergio Roberto De Lima	00:27:02	00:26:46	5'21"

18	363	Josue Roberto Do Nascimento	00:27:25	00:26:58	5'23"
19	558	Sidicley Dantas Cavalcante	00:27:31	00:27:19	5'27"
20	397	Lucas Sousa Ferreira De Lima	00:27:51	00:27:30	5'30"
21	196	Eliabis Carvalho Santiago	00:27:57	00:27:31	5'30"
22	74	Ángelo Pereira Do Nascimento	00:27:41	00:27:32	5'30"
23	167	Diego Guimarães De Andrade	00:27:35	00:27:35	5'31"
24	592	Valderio Leal Gonãlves	00:27:52	00:27:36	5'31"
25	337	José Carlos Batista Damascena Filho	00:28:18	00:27:46	5'33"
26	207	Emanuel Henrique Dos Santos	00:28:26	00:27:51	5'34"
27	350	José Marques De Souza Neto	00:28:49	00:28:15	5'39"
28	127	Cássio Pontes	00:29:04	00:28:25	5'41"
29	233	Fagner Menezes Silva	00:28:40	00:28:34	5'42"
30	468	Oswaldo Alves De Lima Filho	00:28:39	00:28:39	5'43"
31	648	Victor Hugo Neves Melo	00:30:05	00:28:46	5'45"
32	217	Evandro Joaquim Ribeiro	00:29:11	00:29:11	5'50"
33	539	Robson Lourenço Da Silva	00:29:12	00:29:12	5'50"
34	391	Lourival Rafael Pacheco Da Silva	00:30:38	00:29:32	5'54"
35	103	Bruno Henrique Vasconcelos Costa	00:29:44	00:29:35	5'55"
36	452	Maurício Queiroz Rodrigues Aniceto	00:29:46	00:29:39	5'55"
37	279	Hermeson Filipe Barros Cândido	00:30:25	00:29:44	5'56"
38	106	Bruno Nunes Dos Santos	00:29:55	00:29:55	5'59"
39	176	Douglas José Duarte Da Silva	00:30:08	00:30:03	6'00"
40	12	Adercio Castro Santos Neto	00:30:49	00:30:17	6'03"
41	484	Pedro Sérgio	00:30:52	00:30:20	6'04"
42	472	Paulo Ángelo Arcoverde Timóteo	00:32:55	00:30:43	6'08"
43	491	Rafael Pimentel Da Rocha Lima	00:30:53	00:30:47	6'09"
44	92	Breno Carvalho Souza	00:31:47	00:30:58	6'11"
45	93	Breno Fittipaldi	00:33:28	00:32:25	6'29"

46	607	Washington Soares De Almeida	00:33:14	00:32:35	6'31"
47	477	Paulo Fernando Chiappetta	00:33:49	00:33:06	6'37"
48	265	Gilton Marques	00:34:20	00:33:17	6'39"
49	332	Jorge Rafael Aires De Oliveira	00:33:46	00:33:19	6'39"
50	35	Alexandre Aires De Oliveira	00:33:47	00:33:20	6'40"
51	595	Vandeilson	00:34:12	00:33:23	6'40"
52	133	Claribenor De Oliveira Freitas Filho	00:34:05	00:33:36	6'43"
53	647	Severino Jeronimo Pereira	00:33:41	00:33:39	6'43"
54	327	João Victor Goncalves Lima	00:34:07	00:33:40	6'44"
55	292	Irapuan Barbosa Da Silva	00:35:05	00:34:32	6'54"
56	39	Alexandre Pureza De Almeida	00:34:57	00:34:48	6'57"
57	589	Valdemir Alves Da Silva	00:36:33	00:35:15	7'03"
58	356	José Sidney Pereira Barbosa	00:36:08	00:35:36	7'07"
59	315	Jessé Gonçalves Ferreira	00:36:23	00:35:41	7'08"
60	36	Alexandre Alves Santos	00:36:09	00:36:09	7'13"
61	309	Jefferson Da Costa Brito	00:36:12	00:36:12	7'14"
62	24	Adriano Neves Ramos	00:37:45	00:36:23	7'16"
63	155	Darlan Antonio Ribeiro	00:36:34	00:36:24	7'16"
64	231	Fabio Silva	00:36:28	00:36:28	7'17"
65	64	André José Santos Figueiredo	00:36:58	00:36:31	7'18"
66	516	Roberio Pereira Da Silva	00:37:14	00:37:14	7'26"
67	230	Fabio Rodrigo Lucena Pancrácio De Luna	00:38:17	00:37:15	7'27"
68	25	Adson Alexandre Madeiro De Arruda	00:37:32	00:37:19	7'27"
69	221	Ewerton Irineu Da Silva	00:38:43	00:37:27	7'29"
70	354	José Rafael Da Rocha	00:39:15	00:37:39	7'31"
71	33	Alessandro Mello	00:39:26	00:37:39	7'31"
72	3	Abelardo Carvalho Da Silva Neto	00:39:04	00:37:43	7'32"
73	78	Antônio Cosmo Da Silva	00:37:50	00:37:44	7'32"

74	527	Rodrigo Gonçalves De Queiroz	00:38:40	00:37:57	7'35"
75	554	Sérgio Ricardo Bravo Silva	00:39:05	00:38:31	7'42"
76	115	Carlos Alberto Silveira De Moraes	00:40:22	00:39:05	7'49"
77	587	Tulio Marcos Barbosa De Araujo	00:40:27	00:39:12	7'50"
78	157	David Rabelo	00:40:08	00:39:47	7'57"
79	326	João Victor Amorim Da Silva	00:41:10	00:39:57	7'59"
80	445	Mário Jorge	00:41:12	00:40:01	8'00"
81	216	Estevão Da Silva Oliveira	00:41:26	00:40:50	8'10"
82	186	Eduardo	00:42:47	00:41:22	8'16"
83	504	Renato Felipe De Lira Cunha	00:42:35	00:41:32	8'18"
84	499	Reginaldo Ferreira	00:44:53	00:43:48	8'45"
85	51	Alvaro Simoes Gomes Alves De Melo	00:45:14	00:44:54	8'58"
86	465	Odilo De Oliveira Luna Coelho	00:46:11	00:45:35	9'07"
87	509	Renilson Crispim Ferreira Júnior	00:46:16	00:46:16	9'15"
88	243	Fernando José Do Nascimento Silva	00:48:23	00:48:10	9'38"
89	461	Murilo Jose Dourado Cabral	00:50:32	00:49:56	9'59"
90	178	Edgard Pessoa De Melo	00:59:07	00:55:03	11'00"
91	601	Víctor Anderson Genil Souto Maior	00:59:06	00:57:29	11'29"
92	513	Rinaldo Genil De Santana	00:59:06	00:57:29	11'29"
93	346	Jose Inacio Delfino	00:59:50	00:59:42	11'56"
94	120	Carlos Junior	01:00:06	01:00:06	12'01"
95	38	Alexandre Portela De Moura	01:04:12	01:04:00	12'48"

CORRIDA 5KM | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	373	Karina Fernandes Sales	00:23:28	00:23:25	4'41"
2	20	Adriana Paula Figueiredo Ferreira Da Silva	00:24:25	00:24:23	4'52"
3	514	Rita De Cássia Brito	00:27:31	00:27:19	5'27"

4	404	Lucilene Dos Santos	00:29:26	00:28:57	5'47"
5	443	Mariana Laurênio Meira	00:29:44	00:29:04	5'48"
6	458	Milena Elizabeth Paes Barreto	00:30:00	00:29:04	5'48"
7	501	Renata Carvalho Da Silva	00:30:03	00:29:09	5'49"
8	248	Francilene Barros Candido De Queiroz	00:30:25	00:29:44	5'56"
9	600	Veronica Pacheco Da Silva	00:31:06	00:29:58	5'59"
10	281	Hortência Cristina De Souza Lopes	00:31:34	00:30:21	6'04"
11	200	Elivan Leite Serrano De Andrade	00:30:59	00:30:59	6'11"
12	73	Angela Moreira Dos Santos	00:31:25	00:31:14	6'14"
13	495	Rayza Nascimento De Oliveira	00:32:42	00:31:16	6'15"
14	238	Fernanda Alexandra Mendes De Lima	00:32:47	00:31:34	6'18"
15	435	Maria Carolina Ferreira Da Silva Sousa	00:34:20	00:32:47	6'33"
16	502	Renata Cristinamatias Rodrigues	00:34:11	00:33:19	6'39"
17	442	Mariana De Souza Beltrao Guerra	00:34:39	00:33:37	6'43"
18	256	Geisa Maria De França	00:34:00	00:34:00	6'48"
19	399	Luciana Maura Da Silva Barbalho	00:35:10	00:34:19	6'51"
20	181	Edneusa Da Silva Vieira	00:34:25	00:34:20	6'52"
21	57	Ana Paula Bispo Queiroz	00:36:22	00:34:26	6'53"
22	459	Mônica Carneiro Da Rocha	00:35:51	00:34:28	6'53"
23	517	Roberta Paula Nunes Da Gama	00:35:51	00:34:29	6'53"
24	239	Fernanda Gomes De Araujo	00:36:11	00:34:32	6'54"
25	125	Carolina Souza Da Gama	00:35:05	00:34:32	6'54"
26	567	Suelen Pereira Costa Barreto Peronico	00:34:38	00:34:33	6'54"
27	160	Débora Cecília Lins De Carvalho Barbosa	00:36:08	00:35:37	7'07"
28	56	Ana Célia Gonçalves Ferreira	00:36:21	00:35:39	7'07"
29	282	Hsu Me Lyn	00:36:11	00:36:03	7'12"
30	304	Janaina Vanessa Cabral Da Silva	00:37:28	00:36:16	7'15"
31	7	Acylla	00:37:17	00:36:18	7'15"

32	151	Daniela Oria	00:36:39	00:36:22	7'16"
33	71	Andreza Brito	00:37:00	00:36:22	7'16"
34	455	Mayara Maria Neves Gomes	00:38:12	00:36:41	7'20"
35	154	Danúbia Maria Da Silva Freitas	00:38:12	00:36:42	7'20"
36	131	Cicera Aparecida Da Silva	00:37:39	00:36:47	7'21"
37	405	Lucilene Maria De Brito	00:37:55	00:36:51	7'22"
38	402	Luciene Maria Farias Dos Santos	00:38:46	00:37:12	7'26"
39	139	Cleobia Maria Da Silva	00:38:50	00:37:16	7'27"
40	241	Fernanda Tavares C. De S. Araujo	00:38:27	00:37:44	7'32"
41	298	Izabel Sylvia Neves Leite Ramos	00:39:06	00:37:45	7'33"
42	560	Silvana Risselly Elias Alexandre	00:39:37	00:37:52	7'34"
43	588	Valdelira Maria Costa Portela	00:37:54	00:37:54	7'34"
44	533	Rosângela Oliveira De Lima	00:39:51	00:37:55	7'35"
45	568	Sueli Bezerra Do Nascimento	00:39:04	00:38:35	7'43"
46	32	Alessandra Santiago Leite	00:39:28	00:38:48	7'45"
47	537	Ruth Micneias	00:39:47	00:39:06	7'49"
48	486	Priscila Dafnie Barros Diniz	00:40:12	00:39:22	7'52"
49	44	Alice Da Silva Araújo	00:43:55	00:39:37	7'55"
50	403	Luciene Santos Da Silva	00:39:47	00:39:47	7'57"
51	564	Simone De Assis Alves	00:40:53	00:40:32	8'06"
52	597	Vania Martins Da Silva Viana	00:40:52	00:40:32	8'06"
53	153	Danielly Maria De Oliveira	00:42:15	00:40:57	8'11"
54	388	Lidiane Costa	00:41:37	00:41:06	8'13"
55	257	Geise Cristiane Vieira Pedrosa	00:42:23	00:41:22	8'16"
56	268	Giselly De Noronha Xavier	00:42:38	00:41:23	8'16"
57	438	Maria Gercina Goncalves Uchoa De Albuquerque	00:42:11	00:41:39	8'19"
58	202	Elizangela Maria Da Mota	00:46:15	00:41:55	8'23"

59	274	Hannah Almeida	00:42:45	00:42:17	8'27"
60	291	Irajacira Beltrao Silva	00:42:58	00:42:37	8'31"
61	497	Regina Maria Da Silva	00:42:58	00:42:47	8'33"
62	599	Vera Lucia Farias Jardim	00:42:54	00:42:54	8'34"
63	240	Fernanda Muriel Gonçalves Feitosa	00:44:56	00:43:16	8'39"
64	222	Fabiana Henrique Inojosa	00:44:11	00:43:28	8'41"
65	575	Tatiana Marques	00:44:55	00:43:44	8'44"
66	400	Luciana Galindo Campello	00:44:53	00:43:48	8'45"
67	532	Rosalia Da Conceição Chaves Marques	00:44:46	00:44:33	8'54"
68	440	Maria Raissa De Castro Henrique	00:48:46	00:47:28	9'29"
69	144	Cyntia De Medeiros Nogueira	01:04:12	00:48:37	9'43"
70	18	Adriana Maria Da Silva	00:49:38	00:48:40	9'44"
71	556	Severina Queiroz Palhares	00:48:45	00:48:45	9'45"
72	436	Maria Da Conceição R. Barbosa	00:49:08	00:48:45	9'45"
73	142	Cristiane Feitosa Martins	00:50:33	00:49:57	9'59"
74	173	Diva Ruanna Vieitez De Azevedo	00:53:31	00:52:12	10'26"
75	201	Elizandra Serafim Da Silva	00:52:23	00:52:23	10'28"
76	409	Lucy Alves Ferreira Carvalho	00:53:31	00:52:57	10'35"
77	470	Patrícia De Oliveira Lima	00:58:23	00:57:46	11'33"
78	75	Anniely Caraciolo	01:01:43	01:01:43	12'20"
79	420	Marcela Pessoa De Melo	01:06:08	01:02:06	12'25"
80	541	Sabrina Torres De Albuquerque	01:03:13	01:03:13	12'38"
81	433	Maria Alice Rodrigues Da Silva Macedo	01:03:13	01:03:13	12'38"
82	96	Bruna Rafaela Leça Sena	01:03:14	01:03:14	12'38"
DSQ	112	Carla Guedes	00:20:46	00:20:46	4'09"

CORRIDA 5KM - CHOQUE | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
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1	619	Willyam Da Silva	00:21:12	00:21:12	4'14"
2	582	Thiago Silva Dos Santos	00:21:52	00:21:52	4'22"
3	135	Claudio Correia Michiles	00:24:39	00:24:22	4'52"
4	488	Rafael Carvalho Borges Siqueira	00:26:10	00:25:52	5'10"
5	366	Jouber Anderson De Melo Peronico	00:26:07	00:26:02	5'12"
6	645	Diego Rodrigues	00:26:37	00:26:37	5'19"
7	102	Bruno Henrique Gonçalves	00:27:50	00:27:05	5'25"
8	621	Ygor Machado Deziderio	00:28:18	00:27:08	5'25"
9	285	Hugo Estelita Silveira Ferreir	00:27:25	00:27:25	5'29"
10	293	Isaac Teodósio De Oliveira	00:28:46	00:28:08	5'37"
11	583	Tiago Carvalho Da Silva	00:29:34	00:28:39	5'43"
12	164	Devaldo De Araújo Veloso Júnior	00:32:20	00:29:12	5'50"
13	447	Marlon Ramon Moura Tomaz Da Silva	00:31:12	00:31:00	6'12"
14	227	Fábio Francisco De Lima	00:31:45	00:31:02	6'12"
15	172	Dirceu Veloso Tomaz De Aquino	00:33:42	00:32:14	6'26"
16	288	Humberto Batista De Lima Filho	00:34:16	00:32:33	6'30"
17	349	José Mário Da Silva Júnior	00:32:50	00:32:50	6'34"
18	67	André Vicente Ferreira	00:36:11	00:34:33	6'54"
19	213	Erico Vitor Guimaraes Salgueiro	00:37:08	00:35:34	7'06"
20	97	Bruno Alves Bemvindo	00:36:55	00:35:38	7'07"
21	377	Lailson Barbosa Da Silva	00:38:54	00:37:06	7'25"
22	108	Bruno Santana	00:38:02	00:37:10	7'26"
23	63	André Fernandes De Castro	00:39:37	00:37:52	7'34"
24	360	Josenildo Roberto Do Nascimento	00:39:07	00:38:39	7'43"
25	507	Renê	00:43:55	00:39:37	7'55"
26	585	Tibério Jorge Melo De Noronha	00:42:37	00:41:22	8'16"
27	60	Anderson Genil De Santna	00:59:03	00:57:27	11'29"

CORRIDA 5KM - CHOQUE | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	566	Stephanie Chaves Marques	00:30:20	00:30:10	6'02"
2	463	Nathalia Suelen Dos Santos	00:32:36	00:32:25	6'29"
3	46	Aline Maria Lopes Dos Prazeres	00:38:17	00:37:17	7'27"
4	45	Aline Cassiano	00:39:37	00:39:26	7'53"

CORRIDA 5KM - MILITAR | MASC | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
1	109	Caio Marto Da Silva	00:20:19	00:20:16	4'03"
2	244	Fernando Olímpio Da Silva	00:20:35	00:20:33	4'06"
3	531	Ronaldo Viana	00:20:51	00:20:47	4'09"
4	344	José Harlan Ferreira	00:21:25	00:20:51	4'10"
5	252	Frankley Lourenço Rosenkranz	00:22:19	00:22:16	4'27"
6	451	Matheus Nascimento De Oliveira	00:22:42	00:22:38	4'31"
7	464	Ney Rodrigo Lima Ribeiro	00:25:21	00:22:40	4'32"
8	392	Lucas De Sousa Araújo	00:22:56	00:22:46	4'33"
9	287	Hugo Uei Jong Liu	00:23:10	00:22:55	4'35"
10	86	Arthur Moura De Arruda	00:23:11	00:23:03	4'36"
11	603	Vinicius Bizarrias Ferreira Da Silva	00:23:55	00:23:49	4'45"
12	526	Rodrigo Gomes De Lima	00:25:48	00:25:24	5'04"
13	348	José Isaac Juvino Do Nascimento	00:26:01	00:25:43	5'08"
14	357	José Xavier De Souza Neto	00:27:48	00:27:37	5'31"
15	413	Luiz Carlos Do Nascimento	00:29:27	00:28:47	5'45"
16	249	Francisco De Assis De Oliveira Lima	00:35:02	00:29:02	5'48"
17	43	Alfredo Justino Da Silva	00:29:07	00:29:02	5'48"
18	351	Jose Monteiro De Araujo	00:29:32	00:29:07	5'49"
19	342	Jose Eduardo Freire Ferreira	00:30:02	00:29:37	5'55"

20	237	Felipe Ferreira Barbosa Da Silva	00:29:52	00:29:39	5'55"
21	347	José Inaldo Teotônio Dos Santos Filho	00:31:18	00:30:06	6'01"
22	302	Janadilson Lisandro Da Silva	00:30:38	00:30:20	6'04"
23	149	Daniel Santos Rego	00:30:36	00:30:22	6'04"
24	358	Joseildo José Raimundo	00:33:19	00:31:56	6'23"
25	203	Elvyson Dias	00:33:33	00:32:10	6'26"
26	547	Saulo Nogueira Santos De Luna	00:32:33	00:32:11	6'26"
27	82	Arnaldo Pontes Pereira Da Cunha	00:33:10	00:32:32	6'30"
28	432	Marcos Roberto Pontes De Andrade	00:34:08	00:33:01	6'36"
29	226	Fábio Damião Da Silva	00:35:33	00:34:21	6'52"
30	616	Wesley Lapa	00:36:40	00:35:49	7'09"
31	512	Rinaldo Ferreira Da Silva	00:38:35	00:35:54	7'10"
32	530	Ronaldo Pereira	00:37:02	00:36:43	7'20"
33	8	Adailton Pedro Nunes	00:37:27	00:36:47	7'21"
34	520	Roberto De Almeida Coelho	00:37:28	00:36:48	7'21"
35	225	Fabiano Silva Dos Santos	00:38:48	00:37:08	7'25"
36	368	Jozué Mendes Da Rocha Neto	00:55:07	00:39:42	7'56"
37	345	José Hilton Vieira	00:41:40	00:41:40	8'20"
38	85	Arthur Mauricio Sitônio Pimentel	00:43:54	00:42:26	8'29"
39	190	Eduardo Jorge De Carvalho Fonseca	00:43:19	00:42:51	8'34"
40	563	Silvioromero Marques Dos Santos Júnior	00:44:55	00:43:45	8'45"
41	352	José Paulo Da Silva Gonçalves	00:44:43	00:44:13	8'50"
42	193	Eduvando Roque Dos Santos	00:49:17	00:47:55	9'35"
43	212	Erick Rodrigues Pereira Dos Santos	00:58:39	00:58:28	11'41"
44	307	Jean Roosevelt Ramos Dos Santos	01:04:14	01:03:17	12'39"

CORRIDA 5KM - MILITAR | FEM | GERAL

POS	#	NOME	T. CHEGADA	T. LÍQUIDO	RITMO
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1	17	Adriana Kécia Da Silva Rodrigues	00:25:53	00:25:51	5'10"
2	419	Manuella Da Cruz Santos	00:26:43	00:26:39	5'19"
3	471	Paula Raquel Rodrigues Da Silva	00:28:33	00:27:49	5'33"
4	214	Erika Cristina Da Silva	00:32:04	00:31:34	6'18"
5	493	Raissa Aguiar Virgilio Freire	00:35:25	00:33:40	6'44"
6	314	Jeniffer Monteiro Pereira Da Silva	00:37:28	00:36:59	7'23"
7	31	Alcione Vieira Da Silva	00:38:35	00:38:35	7'43"
8	280	Histephane Maria Bezerra De Vasconcelos	00:39:40	00:38:43	7'44"
9	573	Tamirys Silvestre Dos Santos	00:39:36	00:38:58	7'47"
10	16	Adriana De Azevedo Dos Santos	00:42:33	00:41:12	8'14"